

Saturday, May 3

5PM - 8PM

Parenting in 2025: Embrace Togetherness

Algoma Youth Wellness Hub

124 Dennis St. Sault Ste. Marie

- hosted by Algoma Family Service

Monday, May 5

9:30AM - 12:30PM

Friendship Bracelets

Holy Cross Catholic Elementary

16 Texas Ave, Sault Ste Marie

- hosted by EarlyON

10AM - 11AM

Children's Yoga

(Preregistration Required)

Holy Angels Learning Centre

102 Wellington St E, Sault Ste Marie

- hosted by EarlyON

11AM - 11:45AM

Make Your Own Pizza & Gym Time

River View P.S.

51 Wireless Avenue, Sault Ste. Marie

- hosted by EarlyON

Thursday, May 8

8:30AM - 12:30PM

Drop In Hands to Heart Reading and

Children's Yoga

(Lunch Provided)

241 Albert St. W, Sault Ste. Marie

- hosted by Urban Indigenous Early ON

10AM

Mindful Eye Spy Bags

Holy Angels Learning Centre

102 Wellington St E, Sault Ste Marie

- hosted by EarlyON



Sault Ste. Marie

Tuesday, May 6

9:30AM - 12:30PM

Breathing Sticks

Holy Cross Catholic Elementary

16 Texas Ave, Sault Ste Marie

- hosted by EarlyON

10AM

Healthy Eating! Fruit Salad

Holy Angels Learning Centre

102 Wellington St E, Sault Ste Marie

- hosted by EarlyON

11AM

Storytime

North Branch Library

232 Northern Ave E, Sault Ste. Marie

- hosted by SSM Public Library

11:45AM

Let's Get Moving

River View P.S.

51 Wireless Avenue, Sault Ste. Marie

- hosted by EarlyON

3PM - 5PM

Kids Vs. Cops

Algoma Youth Wellness Hub

124 Dennis St. Sault Ste. Marie

- hosted by Algoma Youth Wellness Hub and SSMPS

Friday, May 9

9AM - 11AM

Outdoor Walk at Topsail

& Greenhouse Visit (Lunch Provided)

241 Albert St. W, Sault Ste. Marie

- hosted by Urban Indigenous Early ON

11AM

Storytime

James L. McIntyre Centennial Library

50 East St., Sault Ste. Marie

- hosted by SSM Public Library

5:30 - 7:30

Expresso Café

Algoma Youth Wellness Hub

124 Dennis St. Sault Ste. Marie

- hosted by Algoma Family Service

CMHW 2025

Wednesday, May 7

8:30AM - 12:30PM

Drop In Bubble and Chalk Party

(Lunch Provided)

241 Albert St. W, Sault Ste. Marie

- hosted by Urban Indigenous EarlyON

10AM

Calming Sensory Bottles

St. Basil Catholic School

250 Saint George's Ave E, Sault Ste. Marie

- hosted by EarlyON

12PM

Self Care Yoga for Caregivers

(Preregistration Required)

Holy Angels Learning Centre

102 Wellington St E, Sault Ste Marie

- hosted by EarlyON

4PM - 7PM

Family Meal Night & DIY Mindfulness Stones

(Preregistration Required)

Holy Angels Learning Centre

102 Wellington St E, Sault Ste Marie

- hosted by EarlyON

6PM - 6:30PM

Storytime

James L. McIntyre Centennial Library

50 East St., Sault Ste. Marie

- hosted by SSM Public Library

Saturday, May 10

9AM

Run For Change

Roberta Bondar Park and Marina,

Sault Ste. Marie

- hosted by Strong Minds



Algoma Region

Saturday, May 3

6PM - 9PM

Karaoke Night

Michipicoten Memorial Community Centre
3 Chris Simon Dr, Wawa

- hosted by Algoma Family Services, Chadwic Home, Wawa Family Health and Maamwesying

Monday, May 5

11AM

Group Walk

3042 Second Line West, Sault Ste. Marie
• hosted by Prince Township EarlyOn

5:30PM - 7PM

Move, Groove and Meditation

Echo Bay Community Hall
257 Church St, Echo Bay
• hosted by EarlyOn Central Algoma

6PM - 7:30PM

Parent - Youth Yoga and Seed Planting

Michipicoten Memorial Community Centre
3 Chris Simon Dr, Wawa
• hosted by Algoma Family Services and Waves of Change

Thursday, May 8

2PM - 7PM

D14 Feeling Jars and Breathing Wands

3042 Second Line West, Sault Ste. Marie
• hosted by Prince Township EarlyON

Friday, May 9

10AM

Meddy Teddy Gym Time

3042 Second Line West, Sault Ste. Marie
• hosted by Prince Township EarlyON

Sunday, May 4

11 am

RONNO Concert for Kids and Families

Jeunesse Nord Gymnasium
177 Youngfox Rd, Blind River ON
• hosted by Blind River Early ON

Tuesday, May 6

9:30AM - 12:30PM

Guided Hike

Meet at Stub-Bees Bee-Stro
1581 Bridge, Richards Landing
• hosted by EarlyOn Central Algoma

10:30AM

Nature Walk

Fort Creek
• hosted by HM Robbins EarlyON

11AM

Breathing and Bubbles

21 Mahler Road, Goulais River
• hosted by Mountainview EarlyON

Saturday, May 10

9AM - 2PM

D14 Stress Balls

3042 Second Line West, Sault Ste. Marie
• hosted by Prince Township EarlyON

9:30AM - 2:30PM

The Big FeelGood Day:

A Kids Wellness Event

1 Chiblow Lake Road, Iron Bridge
• hosted by Iron Bridge Early ON

1PM - 3PM

Movie Screening - Inside Out

St. Augustine School Library
2 Arnott Ave, Wawa
• hosted by Algoma Family Services

Wednesday, May 7

9:30AM - 12:30PM

Hike and Nature Art

Meet at CASS
32 Kensington Rd., Desbarats
• hosted by EarlyOn Central Algoma

10AM - 12PM

Pleasure Painting

21 Mahler Road, Goulais River
• hosted by Mountain View EarlyON

11AM - 3:30PM

Social Services Agency Event

École Séparée Georges-Vanier
140 Hillside Dr N, Elliot Lake
• hosted by EarlyON All Star Children's Services

6PM - 7:30PM

Parent and Youth Paint Night

Michipicoten Memorial Community Centre
3 Chris Simon Dr, Wawa
• hosted by Algoma Family Services and Waves of Change

